

City of Seattle  
Notice of Appointment

CITY CLERK

Name: <b>Breona L. Mendoza</b>		<input checked="" type="checkbox"/> Executive Appointment <input type="checkbox"/> Reappointment <input type="checkbox"/> Legislative Appointment <input type="checkbox"/> Agency Appointment <input type="checkbox"/> PDA Council <input type="checkbox"/> PDA Constituency
Residential Neighborhood: Seattle, WA	98103	Contact Phone No.: N/A
Appointed to: LGBT		Date of Appointment: November 13, 2014
Authority (Ord., Res.): 118392		Term of Office: 1st From: Confirmation To: 4/30/15
<b>Background:</b>  My name is Breona Mendoza. I am a 26 year old, queer, white, femme, cis gendered female, born into a middle class family, now learning how to navigate the barriers of being low income. Passion and meaning are two words I would use to describe the way I live. I am someone who is always on the go, always planning, and finding new ways to understand the world around me. I am a counselor and a youth advocate, working to create the changes that many of my clients, who do not have the age or the power, need to survive and thrive. I am learning how to understand my privilege and areas of oppression, and how both intersect to allow me to walk in the world in a way that sometimes feels powerful and sometimes insignificant.  My biggest strength is that I see the big picture. I know what needs to happen and what barriers are in the way. My biggest weakness is getting tripped up on all the microscopic steps that need to be taken to complete the journey. I am a helper, a collaborator, and a social change agent. I have invisible disabilities that have never, and will never, stop me in achieving my goals. I really want to be a part of something bigger that will allow me to create the changes I see need to be made in the world. I am still finding the right way to do this.		
<b>Authorizing Signature:</b> 		<b>Name and Title of Officer Making Appointment:</b> Mayor Edward B. Murray

# BREONA L. MENDOZA

## Education

### **MASTER OF ARTS IN EDUCATION, COMMUNITY COUNSELING, SEATTLE UNIVERSITY (SU); SEATTLE, WA; 2014**

- Focus: Community Counseling
- GPA: 4.0

### **BACHELOR OF ARTS, PACIFIC LUTHERAN UNIVERSITY (PLU); TACOMA, WA; 2010**

- Majors: Psychology, Women's and Gender Studies
- Honors & Awards: PLU Academic Scholar, Dean's List, PLU Regents Scholar, PLU Leader of Distinction
- GPA: 3.89 (Magna Cum Laude)

## Professional Experience

### **AGENCY AFFILIATED YOUTH AND FAMILY COUNSELOR, AUGUST 2013 - PRESENT**

#### **YOUTH EASTSIDE SERVICES, BELLEVUE**

- Provide individual and family therapy to a diverse group of youth and their families in school and agencies settings
- Co-facilitate BGLAD, a support group for Lesbian, Gay, Bisexual, Transgender, and Queer youth
- Utilize evidence based practices such as CBT, DBT and Motivational Interviewing to inform care

### **TEEN LINK OUTREACH SPECIALIST, NOVEMBER 2011 - PRESENT**

#### **TEEN LINK, CRISIS CLINIC, SEATTLE**

- Coordinated with over 40 outreach volunteers and facilitated monthly outreach events and education opportunities
- Supervised Teen Link help line and provided emotional support, specific behavioral feedback and assistance with community resource referrals to teen phone workers on shift
- Delivered Youth Suicide Prevention Presentations to schools and youth-serving community agencies
- Assisted Teen Link staff in developing and facilitating training of teen volunteers around issues such as teen suicide, LGBTQ youth issues, mental health, eating disorders, dating violence, self harm, oppression, and crisis intervention

### **ON CALL YOUTH COUNSELOR, JULY 2011 - JANUARY 2012**

#### **YOUTH CARE, SEATTLE**

- Worked at 6 different shelters, with youth ranging from 13-20 years of age
- Helped youth find employment, complete school work, practice language skills, and provided life skills education
- Counselored youth using Brief Solution Focused Therapy approaches and led a Yoga and meditation group
- Provided case management around basic needs and resources to over 50 youth

### **WOMEN'S ADVOCATE, AUGUST 2010 - NOVEMBER 2011**

#### **NOPE HOUSE, CATHOLIC COMMUNITY SERVICES**

- Worked within a harm reduction model with 90 women dealing with substance abuse, domestic violence, long term disabilities, chronic mental illnesses, homelessness, and chronic homelessness
- Utilized interdisciplinary approach with medical and mental health professionals to meet client needs

### **HOMELESS PREVENTION SPECIALIST, JUNE 2010 - FEBRUARY 2011**

#### **CRISIS TEEN SHELTER FOR HOMELESS YOUTH, YMCA**

- Conducted intakes and coordinated with other staff to set up behavioral support plans for youth
- Provided mentorship, support system, and temporary care for at risk youth

### **CO-DIRECTOR, MAY 2008 - JUNE 2010**

#### **PLU VOLUNTEER CENTER, PACIFIC LUTHERAN UNIVERSITY**

- Directed multiple community service and social justice campaigns on campus
- Mentored over 45 service learning students at varying volunteer sites

# Seattle Lesbian, Gay, Bisexual, Transgender Commission

December 2014

16 members, confirmed by City Council, who serve a term of 2-years\*:

- 7 appointed by Mayor, confirmed by City Council
- 7 appointed by City Council
- 1 appointed by the Commission; confirmed by City Council
- 1 Get Engaged Member, appointed by Mayor who \*serves a single term of 1-year

D	G	Position #	Name	Appointed	Term Ends	Term #	Position	Appointed By
2	F	1	K. Joy Williams		4/30/16	1st		Mayor
2	F	2	NaaSira Adeeba	04/30/10	4/30/16	3rd		Mayor
3	M	3	Brennon Ham		4/30/16	1st		Mayor
5	F	4	Luzviminda (Lulu) Carpenter	09/30/13	4/30/15	1st		Mayor
6	M	5	Mac McGregor	09/30/13	4/30/15	2nd		Mayor
6		6	John Schmidt		4/30/15			Mayor
6	F	7	Breona Mendoza		4/30/15			Mayor
6	M	8	Mitch Hunter	09/30/13	4/30/15	2nd		City Council
2	M	9	Anthony Olweny	8/4/14	4/30/15	1st		City Council
6	M	10	Gunner Scott	8/4/14	4/30/15	1st	Co-Chair	City Council
6	F	11	Susan Snyder	8/4/14	4/30/15	1st	Co-Chair	City Council
2	M	12	Gilbert Archuleta	8/4/14	4/30/16	1st		City Council
6	M	13	Douglas Hamilton	8/4/14	4/30/16	1st		City Council
2	F	14	Marxa Marnia		4/30/16			City Council
6		15	Lisa Love		4/30/15			Commission
6	M	16	Shoshanna Paget		9/01/14	1st	Get Engaged	Mayor

### Diversity Roster

		(1)	(2)	(3)	(4)	(5)	(6)			
	Men	Women	Vacant	Minority	Asian-American	African-American	Hispanic Latino	Native-American	*Other	Caucasian
Mayor	3	4	0	4	0	2	1	0	1	2
Council	5	2	0	3	0	3	0	0	0	4
Commission	0	1	0	0	0	0	0	0	0	1
Get Engaged		1	0	0	0	0	0	0	0	1
<b>Total</b>	<b>8</b>	<b>8</b>	<b>0</b>	<b>7</b>	<b>0</b>	<b>5</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>8</b>