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CITY CLERK

City of Seattle
Notice of Appointment

Name: **Tsegaba Woldehaimanot**		☒ **Executive Reappointment** ☐ **Legislative Appointment** ☐ **Agency Appointment** ☐ **PDA Council** ☐ **PDA Constituency**
Residential Neighborhood: **NE Seattle**	**Zip Code:** **98125**	**Contact Phone No.:** **206-233-3886**
Appointed to: **Immigrant and Refugee Commission**		**Date of Appointment:** **12/24/12**
Authority (Ord., Res.): **Ordinance 118392**		**Term of Office:** **From: Confirmation** **To: 01/31/2015**

Comments:

Tsegaba Woldehaimanot holds a Masters in Social Work degree from the University of Washington and has over seven years experience in the field of mental health, including working as a mental health therapist providing therapeutic services to children and adults. Tsegaba was born in Sudan where her family took refuge after fleeing their homeland of Eritrea because of war and violence. She and her family later migrated to America as refugees to make better lives for themselves. Witnessing first-hand the challenges faced by many refugees, Tsegaba has long been interested in issues of emotional distress in refugee populations, and how communities can best meet those needs. She is well-acquainted with both the local refugee community and community mental health system. Tsegaba currently works at Asian Counseling and Referral Service as the Outreach Coordinator for the Pathways to Wellness Project. She reaches out to various refugee communities to learn the emotional and mental needs of their members working to connect them to appropriate resources. She also connects with local mental health agencies interested in increasing their capacity to serve this community.

Authorizing Signature:	**Name and Title of Officer Making Appointment:** Mayor Michael McGinn

Tsegaba Woldehaimanot

EDUCATION

Masters of Social Work Degree, Mental Health Concentration — *June 2009*
University of Washington, School of Social Work, Seattle, WA

Bachelor of Arts, Psychology Major, Spanish Minor — *August 2006*
Western Washington University, Bellingham, WA

LANGUAGES

English (Native Speaker), Tigrinya-Eritrean language (Native Speaker), Spanish (Intermediate Level)

SKILLS AND TRAVEL

Immigrated to the United States in 1986
Experience working with diverse populations
Traveled and worked in Mexico — *June 2008-September 2008*
Traveled and lived in Eritrea — *June 2005-September 2005*

SOCIAL SERVICE EXPERIENCE

Asian Counseling and Referral Service, Seattle, WA
Pathways to Wellness Project
Outreach Coordinator — *September 2009-Present*

- Work collaboratively with downtown Public Health Seattle and King County and Lutheran Community Services to connect newly resettled refugees to appropriate mental health and social services
- Outreach to multiple mental health agencies regarding refugee mental health
- Organize and facilitate quarterly trainings for health and social service provider
- Coordinate with refugee community leaders to reach out to refugee communities
- Organize and facilitate trainings for refugee communities regarding mental health and emotional well-being
- Coordinate with screening coordinator at downtown Public Health office for follow up of refugees referred for mental health services
- Work with community stakeholders in building consortium with refugee groups including mutual assistance associations, churches, mosque and temples
- Develop training curriculums including Train the Trainer modules for resettlement organizations and community mental health agencies
- Represent project at various refugee meetings, forums, boards and committees
- Facilitate Wellness Support Groups and focus group for refugee community members

Harborview Medical Center, Psychiatry and Behavioral Sciences
Office Assistance — *June 2004-August 2009*

- Assisted department with filing, organizing, faxing and other duties
- Answered phone calls and routed calls to appropriate departments or people
- Maintained cleanliness and organization of department
- Coordinate schedules for doctors and other staff
- Provided general assistance using Microsoft Excel, Word and Access
- Facilitated inventory of all office supplies

Sound Mental Health, Adult and Child Counseling Services, Seattle, WA
Masters of Social Work Intern Therapist *September 2008-June 2009*

- Provided individual therapy and case management for adults and children
- Co-facilitated a Cognitive Behavioral Therapy group for adults and two domestic violence groups for children
- Utilized various therapeutic modalities such as Cognitive Behavioral, Mindfulness and Psychodynamic therapy as well as relaxation techniques
- Prepared new benefit requests, discharge summaries, treatment notes and other general paperwork

Street Children Project (MESE), Morelia, Michoacán, Mexico
Social Worker Intern *June 2008-September 2008*

- Conducted home visits and assessments for over 60 children and families
- Developed and taught a Hygiene/Sanitation course
- Distributed food and money to over 200 families every month
- Assisted program in preparation for audits
- Collaborated with multidisciplinary team such as social workers, psychologist and administrative staff to provide most effective services

University of Washington Medical Center, Cardiovascular Clinic, Seattle, WA
Patient Services Specialist 2 *October 2006-October 2007*

- Collaborated with medical, nursing and front desk staff to provide most effective patient care
- Coordinated new, follow-up and ancillary appointment for patients
- Translated for Tigrinya and Spanish speaking patients when interpreter was not available
- Performed general patient related services
- Accepted new referrals and completed proper documents and paperwork

JCPenney, Southcenter
Sales Associate *June 2000-January 2004*

- Provided quality and friendly customer service in a variety of departments
- Used registers to complete sales, catalog orders and credit application
- Greeted customers and provided assistance with questions
- Referred clients to products and merchandise based on specific needs
- Maintained awareness of all products and merchandise as well as new promotions and advertisements
- Assisted in floor moves, merchandising, cleaning and organizing of departments
- Participated in routine inventory

Harborview Medical Center, Outpatient Psychiatry, Seattle, WA
Patient Services Specialist 1 *June 2001-June 2002*

- Collaborated with medical, psychiatric, and front desk staff to deliver effective mental and health services
- Processed and managed referrals of new patients
- Referred clients to a wide range of community services based on needs
- Performed general patient related services

CERTIFICATION/PROFESSIONAL AFFILIATION

- Social Worker Associate Independent Clinical License, SC 60160703

Immigrant and Refugee Commission

December, 2012

15 Members: Who are confirmed by City Council and serve a term of two years. **3 term maximum.**

- 8 appointed by Mayor
- 7 appointed by City Council

D		Member	I/R	Y	Term #	First Appointed	Term Ends	Position #	Appointing Body
1	M	Shree Ram Dahal	Y		1		1/31/13	2	Council
2	F	Andrea Caupain	Y	Y	2	12/13/07	1/31/13	4	Council
1	F	Cherry Cayabyab	Y	Y	1	11/20/09	1/31/12	10	Council
3	M	Jesus Y. Rodriguez	Y		2	12/13/07	1/31/12	8	Council
1	F	Bincy Jacob	Y		1		1/31/12	14	Council
4	F	Yasemin San	Y		1	9/29/09	1/31/12	6	Council
1	F	Pradeepta Upadhyay	Y		1		1/31/13	12	Council
		VACANT					1/31/13	3	Mayor
		VACANT					1/31/13	11	Mayor
2	F	Tsegaba Woldehaimanot	Y	Y	2	5/13/11	1/31/15	1	Mayor
		VACANT					1/31/13	5	Mayor
4	F	Devon Alisa Abdallah, Ph.D			3	12/13/07	1/31/14	9	Mayor
4	M	Ashraf Alazadi	Y	Y	1	5/13/11	1/31/13	7	Mayor
2	M	Mohamed Sheikh Hassan	Y		2	12/22/10	1/31/14	15	Mayor
2	M	Michael Neguse	Y		2	12/22/10	1/31/14	13	Mayor

*Diversity*before vacancies*

Appointed by:	Total		Youth		*I/R		US Born Minority		API (1)		African (2)		Latin@ (3)		Mid-East (4)		Other (5)		E European (6)		Vacancies
Subtotal	*14*		*3*		*10*		*3*		*4*		*4*		*3*		*3*		*3*		*3*		*1*
Gender	Women	Men	W	M	W	M	W	M	M	W	W	M	W	M	W	M	W	M	W	M	
Mayor	3	4	1	0	1	4	2	0	0	0	1	2	1	1	1	1	0	0	0	0	0
Council	5	2	2	0	3	2	0	1	1	3	1	0	0	1	1	0	0	0	0	0	1
Total	8	6	3	0	4	6	2	1	1	3	2	2	1	2	2	1	0	0	0	0	1