2011 Big Day of Play

Presented by Seattle Parks and Recreation's "Healthy Parks, Healthy You Initiative"

BIG DAY OF PLAY

- Fourth Annual Healthy Parks, Healthy You signature Event
- Magnuson Park, Saturday, August 27
- 9 a.m. – 4 p.m.
- 3,500– 4,000 people

Free Activities for the Whole Family

Activity Booths –

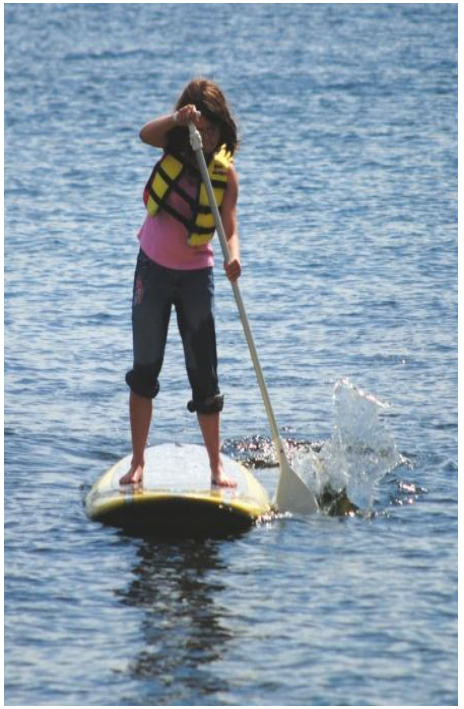
- Tots: Outdoor play gym, Toddler sports, Gymnastics
- Youth: Obstacle course, Challenge course, Jump toys

Free Activities for the Whole Family

- Teens: 4-H display, Wii – Just Dance, Fitness Testing
- Adults: Zumba, Aerobics, Golf hitting station
- Seniors 55+: Fly casting, Ballroom dance

Aquatic Activities

- Paddleboarding
- Catamaran sailing
- Canoeing and Kayaking
- Tours of Harbor Patrol Fire Boat
- Activities in small wading pool and lifeguarded swim beach



More Ways to Play

- 5k Fun Run/Walk
- 1k Tot Trot
- Basketball tournament
- Dog Agility Course

Food

Earn a “PCC Buck” at the activity booths redeemable at the PCC booth for food.

Purchase Food:

- Kaosamai Thai Restaurant
- Maximus Minimus
- Jamba Juice

Main Stage Featuring

- Recess Monkey
- EriAm Sisters
- Seattle Storm Dance Troupe

Vendor Booths

- 1-minute fitness challenges
- Jump Roping activities
- Master Composters
- Chair massages
- Frisbee activities

2011 Big Day of Play

- Free transportation from High Point, Rainier, and Yesler Community Centers
- Waste Free event – promoting recycling and composting
- Volunteers are needed – we need YOU!

2011 Sponsors

- PCC Natural Markets
- Associated Recreation Council
- Seattle Children's Hospital
- Next Step Physical Therapy
- ING Direct
- Go Girl Go Women's Foundation

Media Sponsors

- King 5 and KJR Radio – Media Sponsors and media personality at the event (Natalie Swaby, KING TV and Dick Fain, KJR)

- Other media sponsors: Adelante Media Group, Seattle Times, Seattle's Child

Magazine and Website for Parents
www.seattleschild.com

Partnerships

- Public Health – Seattle & King County
- American Heart Association
- Austin Foundation
- Mountaineers
- Outdoors for All
- Seattle Tilth
- FrisbeeDisc NW
- Arena Sports
- Sail Sand Point

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