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CF 311627

City of Seattle

Notice of Appointment

Name: <i>Tsegaba Woldehaimanot</i>		<input checked="" type="checkbox"/> Executive Appointment <input type="checkbox"/> Reappointment <input type="checkbox"/> Legislative Appointment <input type="checkbox"/> Agency Appointment <input type="checkbox"/> PDA Council <input type="checkbox"/> PDA Constituency
Residential Neighborhood: <i>Southwest</i>	Zip Code: <i>98106</i>	Contact Phone No.: <i>2063725628</i>
Appointed to: <i>Immigrant & Refugee Advisory Board</i>		Date of Appointment: <i>May 25, 2011</i>
Authority (Ord., Res.): <i>Ordinance 122455</i>		Term of Office From: <i>May 25, 2011</i> To: <i>1/31/2013</i>
Background: <i>NEW Appointment</i> <i>Tsegaba holds a Masters in Social Work degree from the University of Washington. She has over seven years experience in the field of mental health, including working as a mental health therapist providing therapeutic services to children and adults. Tsegaba was born in Sudan where her family took refuge after fleeing their homeland of Eritrea because of war and violence. She and her family later migrated to America as refugees to make better lives for themselves. Witnessing first-hand the challenges faced by many refugees, Tsegaba has long been interested in issues of emotional distress in refugee populations, and how communities can best meet those needs. She is well-acquainted with both the local refugee community and community mental health system.</i> <i>Tsegaba currently works at Asian Counseling and Referral Service as the Outreach Coordinator for the Pathways to Wellness Project. She reaches out to various refugee communities to learn the emotional and mental needs of their members working to connect them to appropriate resources. She also connects with local mental health agencies interested in increasing their capacity to serve this community.</i>		
Authorizing Signature: <i>Michael M'L</i>		Name and Title of Officer Making Appointments: Mayor Mike McGinn

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CITY OF SEATTLE
CITY CLERK

Tsegaba Woldehaimanot

EDUCATION

Masters of Social Work Degree, Mental Health Concentration
University of Washington, School of Social Work, Seattle, WA

June 2009

Bachelor of Arts, Psychology Major, Spanish Minor
Western Washington University, Bellingham, WA

August 2006

LANGUAGES

English (Native Speaker), Tigrinya-Eritrean language (Native Speaker), Spanish (Intermediate Level)

SKILLS AND TRAVEL

Born in Sudan

Immigrated to the United States in 1986, United States Citizen 2005

Experience working with diverse populations

Traveled and worked in Mexico

June 2008-September 2008

Traveled and lived in Eritrea

June 2005-September 2005

SOCIAL SERVICE EXPERIENCE

Asian Counseling and Referral Service, Seattle, WA

Pathways to Wellness Project

Outreach Coordinator

September 2009-Present

- Outreach to multiple mental health agencies regarding refugee mental health
- Organize and facilitate quarterly trainings for mental health providers
- Coordinate with refugee community leaders to reach out to refugee communities
- Organize and facilitate trainings for refugee communities regarding emotional distress/mental health
- Coordinate with screening coordinator at downtown Public Health office for follow up of refugees referred for mental health services
- Connect refugees to culturally appropriate mental health agencies
- Provide outreach and training to community-based agencies regarding the refugee experience and emotional distress among refugee communities
- Work with community stakeholders in building consortium and alliances with refugee groups including mutual assistance associations, churches, mosques, temples and synagogues
- Represent project at various refugee meetings, forums and planning committees
- Develop training curriculums including TOT modules for resettlement organizations and community mental health agencies

Sound Mental Health, Adult and Child Counseling Services, Seattle, WA

Masters of Social Work Intern Therapist

September 2008-June 2009

- Provided individual therapy and case management for adults and children
- Co-facilitated a Cognitive Behavioral Therapy group for adults and two domestic violence groups for children
- Utilized various therapeutic modalities such as Cognitive Behavioral, Mindfulness and Psychodynamic therapy as well as relaxation techniques
- Prepared new benefit requests, discharge summaries, treatment notes and other general paperwork

Street Children Project (MESE), Morelia, Michoacán, Mexico

Social Worker Intern

June 2008-September 2008

- Conducted home visits and assessments for over 60 children and families
- Developed and taught a Hygiene/Sanitation course
- Distributed food and money to over 200 families every month
- Assisted program in preparation for audits
- Collaborated with multidisciplinary team such as social workers, psychologist and administrative staff to provide most effective services

YMCA-Family Services and Mental Health (FSMH), Seattle, WA

Child and Family Therapist Intern

November 2007-June 2008

- Provided individual therapy for culturally diverse foster children
- Facilitated family therapy for children and foster families
- Coordinated best care for children by attending Department of Social and Health Services (DSHS) quarterly meetings, foster parent meetings and team meetings
- Organized and supervised biological visits for children

University of Washington Medical Center, Cardiovascular Clinic, Seattle, WA

Patient Services Specialist 2

October 2006-October 2007

- Collaborated with medical, nursing and front desk staff to provide most effective patient care
- Translated for east African and Spanish speaking patients when interpreter was not available
- Performed general patient related services
- Accepted new referrals and connected new patients to proper services
- Completed proper documents for new patients

Whatcom Dispute Resolution Center, Bellingham, WA

Mentor

January 2006-June 2006

- Co-facilitated a conflict resolution group for teenagers
- Helped teens understand various styles of dealing with conflict
- Educated teens of successful ways to reduce and solve conflict

Harborview Medical Center, Outpatient Psychiatry, Seattle, WA

Patient Services Specialist 1

June 2001-June 2002

- Collaborated with medical, psychiatric, and front desk staff to deliver effective mental and physical health services
- Processed and managed referrals of new patients
- Referred clients to a wide range of community services based on needs
- Performed general patient related services

CERTIFICATION/PROFESSIONAL AFFILIATION

- Social Worker Associate Independent Clinical License, SC 60160703
- Member of National Association of Social Workers (NASW)
- Member of Clinical Social Work Association (CSWA)
- Psychiatric Illness and Ethnic Minorities Training, 2009
Training for providers to generate culturally competent services to ethnic minorities in the field of mental health
- Conflict Resolution Training, 2006

Immigrant and Refugee Advisory Board

May 2011

15 Members: Per Ordinance 122441, eight appointed by the Mayor, seven appointed by City Council, all confirmed by City Council; 2-year terms

D	G	Member	I/R	Y	Term #	First Appointed	Term Ends	Position #	Appointing Body
2	F	Caupain, Andrea	Y	Y	2	12/13/07	01/31/11	4	Council
4	F	San, Yasemin	Y		1	07/29/09	01/31/11	6	Council
1	F	Cayabyab, Cherry	Y	Y	1	11/20/09	01/31/12	10	Council
3	M	Rodriguez, Jesus Y.	Y		2	12/13/07	01/31/12	8	Council
1	M	Dahal, Shree Ram	Y		1		01/31/13	2	Council
1	F	Jacob, Bincy	Y		1		01/31/13	14	Council
1	F	Upadhyay, Pradeepta	Y		1		01/31/13	12	Council
3	F	Irizarry-Hougan, Lesley			1	03/13/09	01/31/11	3	Mayor
4	F	Abdullah, Ph.D., Devon Alisa			2	12/13/07	01/31/12	9	Mayor
2	M	Neguse, Michael	Y		1	12/22/10	01/31/12	13	Mayor
2	M	Sheikh Hassan, Mohamed	Y		1	12/22/10	01/31/12	15	Mayor
4	M	Alazadi, Ashraf	Y	Y	1		01/31/13	7	Mayor
3	F	Lopez Bermudez, Paulina	Y		3	12/13/07	01/31/13	5	Mayor
3	M	Rose-Avila, Magdaleno A.	Y		2	03/13/09	01/31/13	11	Mayor
2	F	Woldehaimanot, Tsegaba	Y	Y	1		01/31/13	1	Mayor

(sorted by appointing auth, term end and last name)

Diversity

Appointed by:	Total		Youth		*I/R		US Born Minority		(1) API		(2) African		(3) Latin@		(4) Mid-East		(5) Other		(6) E European		Vacancies
	Subtotal	15	5	13	2	4	4	4	3	0	0	0	0	0	0	0					
Gender	Women	Men	W	M	W	M	W	M	W	W	W	M	W	M	W	M	W	M	W	M	
Mayor	4	4	1	2	2	4	2	0	0	0	1	2	2	1	1	1	0	0	0	0	0
Council	5	2	2	0	5	2	0	0	3	1	1	0	0	1	1	0	0	0	0	0	0
Total	9	6	3	2	7	6	2	0	3	1	2	2	2	2	2	1	0	0	0	0	0