

**City of Seattle  
Notice of Appointment**

<b>Name:</b> <b>Sara Woody</b>		<input checked="" type="checkbox"/> <b>Executive Appointment</b> <input type="checkbox"/> <b>Legislative Appointment</b> <input type="checkbox"/> <b>Agency Appointment</b> <input type="checkbox"/> <b>PDA Council</b> <input type="checkbox"/> <b>PDA Constituency</b>
<b>Residential Neighborhood:</b> Green Lake	<b>Zip Code:</b> 98103	<b>Contact Phone No.:</b> (425) 771-7424
<b>Appointed to:</b> Seattle Commission for People with Disabilities		<b>Date of Appointment:</b> May 5, 2010
<b>Authority (Ord., Res.):</b> 118392		<b>Term of Office:</b> <b>From:</b> Confirmation <b>To:</b> April 30, 2012
<b>Comments:</b>		
<b>Authorizing Signature:</b> 		<b>Name and Title of Officer Making Appointments:</b> Mike McGinn Mayor

**Confirmed by the Following Vote at City Council**

<b>In Favor:</b>	<b>Against:</b>	<b>Date:</b>
<b>Attested by:</b>		<b>Title:</b>

## Sara Woody, MPA

Seattle, WA 98103 ♦ sarabp@u.washington.edu ♦ 310-938-9539

### EDUCATION

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#### California State University Long Beach, Graduate Center for Public Policy and Administration

*Master of Public Administration*

- ♦ National Honor Society for Public Affairs and Administration

Long Beach, CA

2005-2007

#### California Lutheran University

*Bachelor of Science, Summa Cum Laude*

- ♦ Psychology Major, Sociology Minor; Departmental Honors

Thousand Oaks, CA

1995-1999

### EMPLOYMENT

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#### University of Washington — Northwest ADA Center

*Project Coordinator*

- ♦ Develop and market a web-based program to assist businesses with facility access and to provide consumers with a useful tool to access their community or travel destination.
- ♦ Train and educate businesses on barrier removal, alternative accessibility features, and customer service techniques.

Mountlake Terrace, WA

2008-current

#### National Mental Health Association of Greater Los Angeles — Village Integrated Service Agency

*Associate Director, Training and Consultation*

- ♦ Directed multi-day training programs for approximately 8,000 mental health professionals and students. The Village's "Immersion" training is world-renowned in the fields of psychosocial rehabilitation and recovery and seen as cutting-edge, motivational and transformative.
- ♦ Presented program model, philosophy and services to local, national and international senior executives, public officials and medical personnel. Received consistently exceptional feedback on personal energy and passion conveyed in presentations.

Long Beach, CA

2006-2008

*Training Coordinator*

2001-2006

- ♦ Coordinated orientation for 100+ new employees. Introduced program services, job responsibilities and helped to establish a solid understanding of organizational culture and best practices in the field.
- ♦ Orchestrated registration, planning, and billing for \$300,000 grant training program, including preparation of all presentation content, materials and coaching of staff presenters.

#### National Mental Health Association of Greater Los Angeles — Headquarters

*Executive Assistant*

- ♦ Assisted the CEO, COO and Grants Development Specialist and responsible for managing Board of Directors.

Los Angeles, CA

2000-2001

### ADVOCACY

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#### Mental Health Action

*Board Member and Treasurer*

- ♦ Helped develop mission, by laws, strategic plan, website and activities for Washington's first grassroots, statewide, consumer-run organization focused on education and advocacy.

WA

2008-current

#### Proposition 63—Mental Health Services Act (MHSA)

*Assistant Campaign Field Director, Los Angeles County*

- ♦ Organized volunteers, planned fundraisers, raised money and personally gathered over 650 signatures in over a dozen counties.
- ♦ Met with lawmakers in Sacramento, CA and Washington DC to lobby for the MHSA and for mental health parity.

CA and DC

2003-2004

### CERTIFICATIONS AND LICENSES

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- ♦ CPR and Mountaineering Oriented First Aid, 2009
- ♦ Certified Psychosocial Rehabilitation Practitioner, United States Psychosocial Rehabilitation Association, 2002-2008
- ♦ Notary Public, Los Angeles County, 2001-2008

## SEATTLE COMMISSION FOR PEOPLE WITH DISABILITIES

**15 MEMBERS**      7 Appointed by the Mayor  
                          7 Appointed by City Council  
                          1 Appointed by the Commission  
                          *2-year terms, staggered*

**1 MEMBER**      Get Engaged Program - Appointed by Mayor  
                          *1-year term*

All appointments confirmed by City Council.

	<u>Commissioner</u>	<u>Appointed</u>	<u>Term Ends</u>	<u>Term</u>	<u>Appointed By</u>
6	Rebecca Cory	4-21-2010	4-30-2012	1 <sup>st</sup>	City Council
6	John Denooyer	4-21-2010	4-30-2011	1 <sup>st</sup>	City Council
1	Vickie Foster	4-21-2010	4-30-2012	1 <sup>st</sup>	City Council
6	Laura Gramer	4-21-2010	4-30-2011	1 <sup>st</sup>	City Council
1	Mary Beth Lum	4-21-2010	4-30-2012	1 <sup>st</sup>	City Council
6	Gary Stobbe	4-21-2010	4-30-2011	1 <sup>st</sup>	City Council
6	Deborah Wittmer	4-21-2010	4-30-2012	1 <sup>st</sup>	City Council
6	Mark Adreon	5-6-2010	4-30-2012	1 <sup>st</sup>	Mayor
6	Joshua Caple	5-6-2010	4-30-2011	1 <sup>st</sup>	Mayor
6	Charlene Curtiss	5-6-2010	4-30-2012	1 <sup>st</sup>	Mayor
6	Patricia Copeland	5-6-2010	4-30-2011	1 <sup>st</sup>	Mayor
2	Hope Drummond	5-6-2010	4-30-2012	1 <sup>st</sup>	Mayor
6	Erica Sekins	5-6-2010	4-30-2011	1 <sup>st</sup>	Mayor
6	Sara Woody	5-6-2010	4-30-2012	1 <sup>st</sup>	Mayor
	Vacant		4-30-2011	1 <sup>st</sup>	Commission
	Vacant		9-10-2011	1 <sup>st</sup>	Get Engaged

		(1)	(2)	(3)	(4)	(5)	(6)			
	Men	Women	Vacant	Minority	Asian-American	African-American	Hispanic Latino/a	Native-American	Middle East	Caucasian
Mayor	2	5	0	1	0	1	0	0	0	6
Council	2	5	0	2	2	0	0	0	0	5
Comm.	0	0	1	0	0	0	0	0	0	0
GE program	0	0	1	0	0	0	0	0	0	0
Total	4	10	2	3	2	1	0	0	0	11

4/26/10

**Charlene Curtiss**

Founder and Artistic Director of Light Motion Dance Company, Charlene Curtiss integrates the artistic expressions of disabled and nondisabled artists. Ms. Curtiss has performed, choreographed, and taught disabled artists nationally and internationally. Ms. Curtiss worked with the Women Wheelers organization to negotiate a settlement with the Seattle Center regarding the removal of 13 disabled parking stalls on the Seattle Center grounds. Previously, Ms. Curtiss chaired the Arts and Accessibility Committee on the Arts Commission and served on the Consumer Advisory Board for the Northwest Regional Spinal Cord Injury System. She has taught wheelchair control skills at Harborview and University of Washington Medical Center Rehabilitation Programs. Formerly, Ms. Curtiss practiced law as a public defender.

**Patricia Copeland**

Patt Copeland is a Visually Impaired Clinical Social Worker who has long established roots in the blind community. She is presently employed as the Community Support Services Manager at the Seattle Lighthouse for the Blind and has established Vision Loss Connections, a new nonprofit that organizes recreational activities. Ms. Copeland is Activity Chair for United Blind of Seattle. She also created the Accessible Counseling and Treatment Program at Seattle Mental Health and worked as a Mental Health counselor at the Pike Market Medical Clinic where she helped individuals and families cope with the challenges of living with AIDS and other chronic health conditions.

**Hope Drummond**

Hope Drummond is a longtime advocate for people with disabilities on a range of fronts. As an individual of short stature with multiple other disabilities, Ms. Drummond has first-hand experience with navigating through institutions that are not designed to include her as an active participant. In her professional life, Ms. Drummond has assisted clients with disabilities transition into the workforce, sort out benefits and insurance issues, and become more independent. Ms. Drummond is a powerful advocate, who has engaged extensively in the public arena on behalf of individuals with disabilities and to increase awareness of disability issues.

**Erica Sekins**

Through her educational background in Disability Studies, Erica Sekins has developed an in depth knowledge of the Americans with Disabilities Act, the Rehabilitation Act, and related state and federal laws. She currently teaches an Introduction to Disability Studies course and serves as President of the Disability Advocacy Student Alliance at the University of Washington. Ms. Sekins formerly directed the UW Student Disability Commission where she was successful in establishing a seat for the Commission in the Student Senate. Ms. Sekins currently works at the Headache and Multiple Sclerosis clinic at the UW. Ms. Sekins has been a successful advocate for LGBT communities and is eager to facilitate intercommunity dialogues.

The Honorable Richard Conlin

April 26, 2010

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**Sara Woody**

Sara Woody works with businesses to survey for ADA facility access and educate business owners about barriers and alternative accessibility features. Her work requires knowledge of marketing trends of people with disabilities. Ms. Woody currently serves as Treasurer for Mental Health Action, a grassroots, consumer-run advocacy organization. She worked for seven years training mental health professionals, law enforcement, policy makers, students and community members on best practices in mental health recovery. Ms. Woody has in prior employment supported homeless mentally ill adults and youth transition to employment training programs. Ms. Woody has successfully engaged in lobbying on behalf of mental health parity and services for the mentally ill. In addition to her passion for the issues facing people with disabilities, Ms. Woody brings to the commission expertise in marketing, social media, and teaching.

Attachments: Appointments Roster  
Appointment Letters (7)  
Notices of Appointment (7)  
Candidate Resumes (7)

cc: Felicia Yearwood, Commission Liaison  
Wayne Barnett, Executive Director, Ethics and Elections Commission  
Tania María Rosario, Boards and Commissions Administrator for the Mayor  
Jennifer Samuels, Committee Staff

