

PROCLAMATION

WHEREAS, laughter has been known as "the best medicine" for thousands of years, an ancient cure that has been effective throughout the ages; and

WHEREAS, laughter is a free and natural expression of the joyful human spirit, promotes good health, improves morale, increases productivity in the workplace, as well as facilitates the healing of illness; and

WHEREAS, laughter has been shown to stimulate students in the classroom, foster a healthy family life, and promote international harmony; and

WHEREAS, on World Laughter Day, observed on the first Sunday of every May, all citizens are encouraged and invited to set aside their cares and differences and join in good-hearted laughing, smiling, giggling, chuckling, and grinning to promote a worldwide spirit of peace, health, and joy; and

Now, therefore do I, Mike McGinn, Mayor of the City of Seattle, do hereby proclaim
May 5, 2013, to be

LAUGHTER DAY

in the city of Seattle, and I encourage all citizens in the Seattle area to observe the day, by seeking health, happiness, and peace through a greater awareness of and participation in the benefits of laughter.



Michael McGinn
Mayor of Seattle



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CITY CLERK