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REPORT OF COMMITTEE

Mr. President:				
Your	Ur fo	o ati	~~	Committee
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would respectfully report that we have	considered the	same and respectfully	recommend that	it be
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REPORT TO D. W. BOWEN, Esq., ACTING MAYOR, THE CITY COUNCIL OF SEATTLE, THE STATE BOARD OF HEALTH OF WASHINGTON, THE KING COUNTY MEDICAL SOCIETY, AND THE CHICAGO, MILWAUKEE AND ST. PAUL RAILROAD, ON THE ADVISABILITY OF PERMITTING THE CONSTRUCTION AND OPERATION OF A RAILROAD IN CEDAR VALLEY.

DA:

We have been asked to answer two questions: first, whether it is possible to construct a railroad within the watershed of Cedar River, between the water intake and the power house, without danger to the character and wholesomeness of the water supply of Seattle; and second, whether, in the event of such construction, the road can be operated without endangering the public health of said city, through pollution of the stream.

In order to acquire personal knowledge of all the relevant conditions obtaining in and about Cedar Valley and thus
to be able to submit replies based upon something more than
general principles and a priori reasoning, we have made a careful examination of the area involved, paying particular attention to the configuration of the ground and to the nature of
the soil, and we have extended our observations so as to include that part of the watershed between the point where the
proposed road leaves it, to enter the Snoqualmie watershed,
and the borders of Cedar Lake. The proposed location of the
railroad, as indicated by stakes, has been followed practically
from end to end, and the adjacent strips have been examined
at such points and to such an extent as seemed desirable or
necessary.

We have also carefully examined and considered the various statements and arguments submitted to us.

In view of all the facts we have no hesitation in answering both questions in the affirmative.

The main question involved in both propositions is whether pollution of the surface of the proposed right of way and of the vicinity by the wastes of the human body can be prevented; and, if it cannot wholly be prevented, whether contamination of the river can be guarded against.

It is a well established fact that sewage matters containing myriads of disease germs can be rendered quite innocuous by filtration through gravel and sand, so that, within a short time and at a distance of but a few feet, the effluent water may have an entirely different character and yield only mineral evidence of its former bad qualities. This fact was the main reason for careful scrutiny of the nature of the soil.

It appears that along much of the proposed location, gravel and sand are not to be found. The forest floor appears to be reasonably thick, but at most points it consists almost wholly of combustible matter; and where fires have occurred, the soil is shown to be chiefly loose rock, with neither sand nor gravel, and consequently not porous and suitable for effective filtration. At some points along the route, clay and silt deposits are evident; but these materials are not suitable filtering media, for they do not permit percolation. In view of these facts, special provisions will be necessary for proper disposal of such waste matters as may find their way to the surface of the ground within and near the limits of the right of way during construction and operation of the road; for, without such provisions, the said wastes would inevitably be



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washed into the river in times of heavy rainfall; and, in the event of their containing pathogenic organisms, might lead to disastrous outbreaks of infective disease. The fact is, however, that the character of the water can be adequately safeguarded by the adoption of methods which will be described in detail farther on.

The safeguarding of the water supply during construction of the proposed road is by no means a simple matter, for construction involves the introduction of large numbers of men into the watershed, whose wastes must be prevented from It will be necessary to establish camps reaching the river. at various places, and these camps must be supplied with water, must be drained, must be provided with bathing and laundry facilities and latrines, and in all respects must be under constant competent sanitary inspection and control, far more stringent than, under ordinary conditions, is necessary. It is fortunate that a number of sites for such camps are available, at least 500 feet away from the river, on benches, where the soil, largely gravel, is dry and porous and hence easily drained and entirely suitable for letrines. Two camps may easily be established outside the watershed; one below the intake, and one near the power house and just over the divide, within the drainage area of the Snoqualmie; and between these two points are the several sites above mentioned, on not more than two of which should camps be established. At the several camps, the necessary latrines should be board outhouses placed over reasonably deep pits for the recoption of the discharges, which, out of abundant caution, should be disinfected by the application of milk of lime, made from freshly slaked lime and kept protected from contact with the air. This should be

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prepared as often as twice per week, since with age it loses in causticity and germicidal power. As the pits become nearly filled, the filling should be completed with clean soil, and new ones should be dug. Between camps, other latrines should be established at intervals of a few hundred feet, and portable privies may be used, which frequently should be cleaned out and disinfected. Rules relating to the use of these conveniences and absolutely prohibiting the discharge of human wastes elsewhere within the watershed should be enforced with great strictness and under penalty of dismissal. It will be necessary for the future needs of the section hands and others who will constantly be employed and of the wreckers who may be brought in from time to time as one or another cause and occasion require, to establish privies at reasonable intervals; but for the last-mentioned, a portable privy carried on the train, with water-tight box or tank would be priferable. Absolute prohibition of bathing and laundry work in the river must be emphasized.

In order that the stretch between the intake and the power house shall receive the minimum possible amount of human wastes, it is recommended that, while trains are in the valley, all closets be kept locked and that no stops be made except in emergencies; and that no station or roundhouse be established between those points, even with the consent of the City of Scattle by ordinance, so long as the intake of the public water supply shall be below the present power house. Therefore, we recommend the amendment of paragraph 2 of Section 2 of the ordinance granting the right of way, by striking out the words "without the consent of the city of Seattle first Actuary been granted by ordinance", and, further, by making the

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prohibition a permanent restriction in the deed.

For the most complete safeguarding of the water it is advised, that, inasmuch as the soil between the location of the line and the river is frequently imperceable, and where made up of loose stone, is devoid of the qualities necessary for slow filtration, the readbed be trenched wherever necessary or advisable, the trenches being filled with gravel and sand, and that dikes be constructed alongside the trenches wherever necessary or advisable. The necessary bridges should have steel decks, be ballasted with gravel and sand, and be provided with means for drainage; and the water drained off should be conducted to points at least 50 feet from the river bank on each side, and discharged over appropriate areas or into gravel pits.

During construction the entire area affected should be under the unhampered supervision and control of a competent sanitary engineer appointed by the City of Seattle and approved by the State Board of Health. He should be empowered to employ, with the approval of the state Board of Health, as many inspectors to act as sanitary police as the said Board may deem to be reasonable, and he and they should be given all of the powers of special police. He should be required to employ one or more registered physicians as medical inspectors, who should examine and report to the Board of Health of the city of Seattle upon all cases of illness and cause the immediate removal from the watershed of all persons found to be sick of infective disease.

We recommend, therefore, the amendment of paragraphs 3 and 5 of Section 2 of the ordinance granting the right of way, so as to provide for these measures of sanitary protection.



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After construction and during operation, so long as water shall be taken from any point below the present power house, the roadbed should be under constant supervision and control of a competent sanitary inspector, appointed by the City of Seattle, with the approval of the State Board of Health, and the section hands should be required to remove and properly to dispose of such obvious polluting material as may be discovered.

We feel that we should be remiss in our duty as sanitarians, although the matter is one beyond the scope of our employment, were we to neglect to call attention to the necessity of protecting the water supply of the city from possible dangerous pollution of far greater importance than any likely to be caused by the operation of a properly constructed and efficiently The selection of the Cedar River watershed guarded railway. as a source of water supply was an eminently discriminating and wise act, inasmuch as Cedar Lake and the entire watershed are capable of yielding an abundant supply of pure, soft water. Especially commendable are the steps which have been taken to secure ownership by the city, of the banks of Cedar River and But the city is apparently unaware of the fact Taylor Creek. that in using the water of an only partially protected running stream without storage, it is exposing itself to the danger of a possible outbreak of typhoid fever or other water-borne infective disease. contrary to common belief, founded on a made by a commission who studied the subject of pollution of streams before the present methods of scientific examination were devised, the water of a rapidly moving stream does not lose its dangerous properties in a run of a few miles after it has received a specific contamination, and it is especially dangerous when this specific pollution has been dis-



charged directly into it or has been washed into it before the action of sunlight and other agencies has destroyed the con-In the course of our examination tained disease germs. fishermen were observed here and there along the banks of the river, and in the woods near the stream were occasional evi-The danger of wholedences of occupation by camping parties. sale infection from the chance discharges of a single one of such trespassers is, indeed, slight; but it is a real danger, nevertheless, and when unrestricted access to the river is permitted, it becomes multiplied. We are informed that the city is taking steps looking to the abatement of local nuisances within the watershed, but we feel that it is not doing enough and will not do enough until fishermen and all others who have no real business along the City's water supply or who are not under sanitary supervision and control are warned off and dealt with as trespassers. Better yet would be the construction of a large impounding reservoir, between cedar Lake and the power house, as proposed by the City Engineer, and the bringing down of the water in mains from that neighborhood, thus gaining the advantage of a stored water.

Respectfully submitted,

Pradis Harrington Nilliam 7. Sedgniek

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