


### City of Seattle Notice of Appointment

<b>Name:</b>  <b>Mac Scotty McGregor</b>		<input checked="" type="checkbox"/> <b>Executive Appointment</b> <input checked="" type="checkbox"/> <b>Executive Reappointment</b> <input type="checkbox"/> <b>Legislative Appointment</b> <input type="checkbox"/> <b>Agency Appointment</b> <input type="checkbox"/> <b>PDA Council</b> <input type="checkbox"/> <b>PDA Constituency</b>
<b>Residential Neighborhood:</b>  East	<b>Zip Code:</b>  N/A	<b>Contact Phone No.:</b>  N/A
<b>Appointed to:</b> Seattle Lesbian, Gay, Bisexual, Transgender Commission		<b>Date of Reappointment:</b> 7/19/2013
<b>Authority (Ord., Res.):</b>  Ordinance 118392		<b>Term of Office:</b> <b>From:</b> 4/30/2013 <b>To:</b> 4/30/2015
<p><b>Background:</b></p> <p>Mac Scotty McGregor joined the LGBT commission in 2011 and is currently serving as Co-Chair of the Commission. He is a facilitator for Ingersol Gender Center in Seattle, a member of the Seattle Men's Chorus and a board member for Seattle Counseling Center. Mac speaks on gender panels and is an educator and activist on gender, sexuality and LGBTQ rights and issues.</p> <p>Before transition Mac was the highest ranking female martial artist in the world and has always worked to further women's rights. Mac is a world champion martial artist and former U.S. Karate team member. Mac has coached 58 national champions and 29 Junior Olympic champions. He is one of the highest ranking martial artists in the world as well as a certified defensive tactics instructor for law enforcement professionals. Mac teaches self-defense, martial arts, tai-chi wellness and energy seminars at conferences, businesses &amp; groups all over the world.</p> <p>Mac is a key member of the LGBT Commission and we appreciate his continued commitment to serve.</p>		
<b>Authorizing Signature:</b>  		<b>Mayor Mike McGinn</b>

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 CITY OF SEATTLE  
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## **"Shihan" Mac Scotty. McGregor**

Headmaster, McGregor's Martial Arts & A Safer You  
& co-owner of Bad Brothers Productions

Shihan McGregor is one of the highest-ranking martial artists in the world and is recognized by many as the best competitive fighters in traditional martial arts. Shihan" literally translates "Teacher of

Teachers" and is Mac's martial arts Title. Mac is one of only a handful of martial artist to be awarded the rank of tenth degree in a traditional Okinawan / Japanese martial art. Mac now has over thirty-nine years experience in the martial arts and holds the rank of fourth degree or higher in seventeen different traditional styles of martial arts. Shihan Mac is a keynote speaker at youth events, motivational events, sporting events, entrepreneurial groups and travels worldwide for appearances on television programs, talk shows, at martial arts & sports clinics and corporate seminars.

His martial arts career began at the age of seven when he joined a self-defense class at his elementary school, and has continued uninterrupted throughout his life. Mac is an open transgendered male activist, who believes the way we make change is to be out about who we are & open to talk about it in a productive way. Making change and acceptance with a growing understanding for one another makes us stronger as a whole community

Shihan McGregor has been recognized numerous times for his skills and contributions to the martial arts. Mac has done stunt work in several TV shows, has been a bodyguard to many celebrities and is now co-owner of Bad Brothers Productions a documentary and training film company.

### **TV shows & some awards include:**

- Guinness book of world records holder of "the most throws done in one-hour"
- Mac has coached 58 national karate champions and 22 Junior Olympic Champions
- Former Executive Coordinator of the AWMAI
- Former Certification Director for the AWMAI
- Chosen to represent the United States in the World Karate Organization (WKO) world championships against 38 countries
- Awarded silver and bronze medals in fighting at the 1998 WKO World championships
- Inducted into the Martial Arts Hall of Fame in the "Fighter" category 1991
- Martial Arts Hall of Fame Master Instructor category 2006
- Awarded the honorable title of "Professor of the Martial Arts" by Juko-Kai 1997
- Chosen to represent Athletes Against Alcohol & Drugs Abuse by Truth of Youth
- Four-time Florida State Lightweight fighting Champion

- Two-time U.S. Open fighting Champion
- Shihan (Master Instructor) appointment awarded by Juko-Kai International 1991
- 2007 Certified Defensive Tactics Post Instructor U.S.
- Member of Soke Sacharnoski's international Ki Demonstration Team.
- Head of Security at Wellspring Family Services, Seattle, WA

**Mac has been featured on:**

- The Discovery Channel's show "Way of the Warrior",
- Ripley's Believe It or Not
- Univision's show "Control"
- the Learning Channel in "The Top 10 Martial Arts" show
- "People" Magazine
- 700 club
- "BillBoard" Magazine
- Today's Women
- "Shine" Magazine
- Featured in World Black Belt online magazine
- Black Belt magazine
- And many other TV talk shows and print media
- Seattle Gay News
- National Gay News

**Community Work:**

- Mac is an intervention counselor for Safe School Coalition
- Mac is a facilitator for Ingersoll Gender Center
- Mac sings in the Seattle Men's Chorus
- Mac volunteers at Center for Sex Positive Culture
- Mac Speaks on Gender panels and about Gender issues and diversity
- Mac teaches Self-Defense on a sliding scale to make it available to all
- Mac Speaks on gender Panels and at colleges on gender related topics



## Seattle Lesbian, Gay, Bisexual, Transgender Commission

July 2013

16 members, confirmed by City Council, who serve a term of 2-years\*:

- 7 appointed by Mayor, confirmed by City Council
- 7 appointed by City Council
- 1 appointed by the Commission, confirmed by City Council
- 1 Get Engaged Member, appointed by Mayor who \*serves a single term of 1-year

D	G	Name	Appointed	Term Ends	Term #	Position	Appointed By
6	M	Hill Wolfe	1/10/11	4/30/14	1 <sup>st</sup>		City Council
6	M	Bridge Joyce	1/10/11	4/30/13	1 <sup>st</sup>		City Council
6	M	Aric Lane	9/29/11	4/30/14	1 <sup>st</sup>	Co-chair	City Council
1	M	Julian Gaspay	1/10/11	4/30/13	1 <sup>st</sup>		City Council
		Vacant		4/30/13			City Council
6	F	Erin Bailey	1/10/11	4/30/13	1 <sup>st</sup>		City Council
6	M	Mitch Hunter	6/13/12	4/30/13	1 <sup>st</sup>		City Council
2	M	Joshua Adams	1/10/11	4/30/13	1 <sup>st</sup>		Commission
2	F	NaaSira Adeeba	4/30/10	4/30/14	3 <sup>rd</sup>		Mayor
6	F	Nani Brockett	3/22/12	4/30/15	2 <sup>nd</sup>		Mayor
1	F	Sabina Neem	3/22/12	4/30/14	1 <sup>st</sup>	Co-chair	Mayor
6	M	David W. Howenstine	9/29/11	4/30/14	1 <sup>st</sup>		Mayor
6	M	Jarred Lathrop-Weber	9/29/11	4/30/15	2 <sup>nd</sup>		Mayor
5	F	Luzviminda (Lulu) Carpenter	7/19/13	4/30/15	1 <sup>st</sup>		Mayor
6	M	Mac Scotty McGregor	11/3/11	4/30/15	2 <sup>nd</sup>		Mayor
6	M	Joey Hunziker	7/15/13	9/01/14	1 <sup>st</sup>	Get Engaged	Mayor

### Diversity Roster

			(1)	(2)	(3)	(4)	(5)	(6)		
	Men	Women	Vacant	Minority	Asian-American	African-American	Hispanic Latino/a	Native-American	*Other	Caucasian
Mayor	4	4	0	3	1	1	0	0	1	5
Council	6	1	1	1	1	1	0	0	0	5
Commission	1	0	0	1	0	1	0	0	0	0
<b>Total</b>	<b>11</b>	<b>5</b>	<b>1</b>	<b>5</b>	<b>2</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>10</b>